

A Healthy Start with Old Fashion Foods

natural Factors

Natural Factors MSM & Glucosamine Sulfate



240 capsules

Relieves Osteoarthritic Pain. Protects against the deterioration of cartilage from chronic joint disease.



Prairie Naturals



ReCleanse

Whole Body Detox

Free Nutritional Guide*
• Improved Formula

• Gentle & Effective
• Safe, Effective 7-Day
• Whole Body Detoxification

COUPON

\$2.00 OFF

Prairie Naturals ReCleanse Herbal Cleanse Whole Body 7 day Detox

Cannot be used with any other coupon or discount
One coupon per purchase, per person. Expires Feb. 29, 2012

OLD FASHION FOODS

Promotion of a healthy liver

Milk Thistle plus Alpha Lipoic Acid
The highest quality, most potent and effective form of Milk Thistle extract available, standardized with the greatest concentration of naturally balanced active principles. This formula contains 7 premium quality ingredients well known for their beneficial properties on the liver.



15 day supply,
Vegetable 90 capsules

Forsight

Complete Vision Formula with Lutein

It protects against macular degeneration, alleviates eye disease and reduces the risk of cataracts. Put the focus on sustaining the health and vitality of your vision.



New Roots
HERBAL

www.newrootsherbal.com

COUPON

Buy two bags of pasta and 1 jar of organic pasta sauce, receive **15% OFF** with coupon

OLD FASHION FOODS LABEL ONLY

- Semolina Fusilli
- Sun dried tomato & basil spaghetti
- Semolina Fettuccine
- Multi-grain spaghetti
- Semolina Linguine
- Semolina spaghetti

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OLD FASHION FOODS

OLD FASHION FOODS LTD.

6 CONVENIENT LOCATIONS TO SERVE YOU
(Regina & Weyburn)

FREE DELIVERY on orders over \$25 Weekday Afternoons.

www.oldfashionfoods.com

Scan barcode for discounts

