

Every Body Needs Protein. Every Day. We satisfy your need for protein. Organically. Deliciously. Conveniently.



Make Your Own Protein Smoothies

This is not your typical protein shake! This homemade berry protein smoothie is loaded with phytonutrients and antioxidants. It can be made with your choice of any Prairie Naturals Organic & Vegan Protein Powder.

Organic Berry Breakfast Smoothie

- 1 scoop Prairie Naturals Organic & Vegan Protein Powder (your choice)
- 250 mL (1cup) organic apple juice
- 125 mL (1/2 cup) organic berries
- 1/2 banana
- 125 mL (1/2 cup) cup ice (crushed)



Pour apple juice into blender. Add Prairie Naturals Organic & Vegan Protein Powder (your choice). Blend on medium speed until smooth. Add berries, banana, crushed ice. Blend on high speed for another 60 seconds until light and frothy. Pour into glass. Sip and enjoy.

Vegan & Organic Protein Powders



Organic Hemp Protein

Organic Soy Protein



Organic Rice Protein

Organic Whey Protein

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